Robert Burridge Workshop

Contemporary Abstract Figure Painting and Collage - 5 Days

This Painters’ Retreat pushes you out of your safe zone and into a brand new looser, abstract direction.

**Day One:** Materials and techniques that lay the foundation for the rest of the week.

**Day Two & Three:** Focus on loose painting and drawing the undraped model. Each day starts with wet paint sketches plus Burridge's popular warmup exercises. You will be producing a fresh new body of work with your own artistic voice and point of view.

**Day Four & Five:** Creative tearing and paint splashing, starting each day with small paper collaging - Making new work and utilizing the figurative paint sketches. Plenty of lecture and demo notes, constructive critiques and personal painting time. Come prepared to paint your own stuff! Handouts provided. No photography in class, please.

Suggested Materials List - This is only a suggested materials list. Do not feel obligated to purchase everything on this list. Bring what you think you will need and use.

**PAINTING DAYS**

1) **Paints:** Any professional-grade acrylic paint (no cheap, student grade paints). Your choice of colors.

   Burridge will be painting with Holbein Artist Acrylic paint - colors to match his Goof-Proof Color Wheel, plus black and white.

   - Pyrrole Red Light
   - Hansa Yellow
   - Cad Green Deep
   - Ultramarine Deep
   - Amethyst
   - Opera
   - Marigold
   - Middle Green
   - Compose Blue #1
   - Compose Blue #2
   - Primary Magenta
   - Carbon Black
   - Titanum White
   - Optional: Transparent Holbein Acrylic Fluid Paint
   - Marigold
   - Quin Magenta
   - Colbalt Blue
   - Quin Red


   **Note:** “Color Comparison Chart” for other professional paint brands available on my website.

2) **Brushes:** Acrylic/Blend combos, 1” Flat or Round. Several 2” and 3” cheap chip brushes. (hardware store) NO FOAM BRUSHES.

3) **For cleaning brushes:** Murphys Oil Soap, “Original Formula.” (grocery & hardware stores)

4) **Surfaces:** Per day you may need up to 2 Full Sheets of 140 lb. or 300 lb. CP watercolor paper, pre-gessoed (thin layer of acrylic gesso - brush or trowel on one side only, let dry) Brushmark texture is okay; do not sand smooth. Bring flat - do not roll up. I recommend Fabriano Artistico 140 lb. or 300 lb. CP.
Optional: Also, small pre-gessoed canvases - as many per day as you want. (should fit on your painting table)

5) One pint of thick white professional acrylic gesso. Bob uses Utrecht’s Professional Gesso ---it’s thicker than most. Available from Utrecht or Dick Blick’s catalog.

6) Final Coat: Water-based POLYMER VARNISH with UVLS for “sealing” all paintings - gloss, semi gloss or matte. Bob uses Minwax Polycrylic Water Based from hardware store.

7) Your own collection of collage paper scraps, such as: Old letters, music sheets, photos (make prints from a Xerox copier), fabric or any other weird stuff you need.

8) Glue for Collage Work: Polymer Gel Medium - gloss.

9) Small water container - such as a low, half gallon plastic bucket or a low 10x10 inch tupperware-type container. (They don’t fall over)

10) Table covering - Clear 4ml plastic sheet, (Hardware Store) precut to 4 ft x 8 ft. Tape down with strong tape. (such as packing tape - clear or tan)

11) Roll of VIVA towels or similar.

12) Optional: Robert Burridge’s Goof Proof Color Wheel. (For sale at most Burridge Workshops.)

13) Rubbing alcohol 70%-90%. (drug store)

14) Artist’s Sketchbook, smooth or Hot Press, spiral bound for easier note taking and smooth sketching.

Also bring for Warm-Up Drawing and Paint Sketching

1) Large Watercolor Sketch Pads such as 18”x24” Canson Biggie Sketch Books or 15”x20” Canson Montval Watercolor Pad. Bob uses Fabriano Papers and 22”x30” BFK Rives Printmaking Sheet Paper for drawing.

2) Fluid Acrylic Inks such as: Liquitex Professional Acrylic Ink! and Holbein’s Drawing Inks (transparent and opaque). Holbein’s Acrylic Fluids can also be used.

3) Any drawing tools are encouraged, such as sharpened 20” twigs for drawing, charcoal, Derwent Water Soluble Drawing Pencils, very dark; or Derwent Water Soluble Inktense Blocks.

4) Knife for sharpening pencils.

5) Washcloth or sponge for blending.
•Please, for everyone’s sake - No hair dryers, large easels or cell phones (turn ringer to mute).
Don’t forget your bucket!
Thank you, Bob

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