

Start Abstract Painting Today!

Always wanted to do abstract painting, but don't know where to begin? Experience the hands-on demos, techniques and basic formulas, compositions and color techniques to create more meaningful abstracts. This intense, concentrated workshop emphasizes intuitive painting where you will create many works of art for the 21st Century.

Conception and innovation, examples of Abstract Expressionism; demonstration and slide show.

Variations in materials and experimentation using acrylic paint and mediums.

Be prepared to paint looser, bolder, freer, lighter and more intuitively. Plenty of time for action-filled painting exercises and personalized attention. All water soluble paints are welcomed. Students will take home preprinted notes of useful and need-to-know information on abstract painting. Burridge's newest color wheel technique is also included. This workshop is a serious approach for those who have a great sense of humor and a positive attitude.

Suggested Materials List

1) Your choice of Acrylics.

Bob recommends: Holbein Acryla, Acrylic Polymer Paints:

- Flame Red
- Yellow
- Cad Yellow Orange
- Cad Green Light
- Compose Blue #2
- Compose Rose
- Luminous Opera
- Titanium White
- Marigold
- Cad Yellow Light
- Middle Green
- Compose Blue #1
- Katsura Blue
- Violet
- Pearl Gold
- Lamp Black

Plus any more colors you like!

Check your local Art Store or contact HK Holbein, 800-682-6686.

2) A few deep mixing trays and tubs (microwave food trays, disposable containers, etc.)

3) Brushes: Acrylic/Synthetic/Combos, 1/2" Flat or Round; 1" Flat or Round. Several 2" and 3" cheap disposable bristle brushes. (hardware store)
NO FOAM BRUSHES.

4) For cleaning brushes: Murphys Oil Soap, "Original Formula." (grocery & hardware stores)

5) Surfaces: Per day you may need up to two Full Sheets of 140 lb. or 300 lb. CP watercolor paper, pre-gessoed (thin layer of acrylic gesso - brush or trowel on one side only, let dry) Brushmark texture is okay; do not sand smooth. Bring flat--- do not roll up. I recommend Fabriano Artistico 140 lb and 300 lb CP.

Optional: Also, up to two per day 8" x 10" (or larger) pre-gessoed canvases.

6) 1 pint of thick white professional acrylic gesso. Bob uses Joe Miller's Signature Series One Coat Gesso (red label) or Utrecht's Professional Gesso ---it's thicker than most.

7) If you plan on doing collage work: Polymer Gel Medium (gloss or matte) and your favorite collage papers.

8) Final Coat: Water-based POLYMER VARNISH with UVLS, such as Holbein's Crystal Varnish, Lascaux, Golden or similar for "sealing" all paintings... gloss or matte, your choice.

9) One gallon water bucket.

10) Small plastic sheet (4 ml polyethylene) to cover the table.

11) Roll of VIVA towels.

12) Color Wheel for reference, such as Robert Burridge's Goof Proof Color Wheel.

13) Rubbing alcohol (drug store)

The following is Optional:

- Hand Barrier cream or Nitrile gloves.
- Derwent Water Soluble Drawing Pencil, #8B

•Important: No hair dryers, easels or cell phones allowed in this workshop.