

Robert Burridge Workshop

Loosen Up with Aquamedia Painting It's Like 4 Years of Art School!

Burridge's popular "Loosen Up" workshops nurture individual success and personal enrichment with a big emphasis on daily painting projects at your own pace. It is stress-free, but be warned; you could end up with too much enthusiasm for painting. This Burridge flagship workshop offers a variety of painting subjects for everyone. Designed for the professional painter who is stuck in a style as well as for the novice who wants to conquer their fear of painting. Starting each day with multiple, small "warm-up painting exercises" and up to larger-format paintings, Burridge's positive approach towards the act of painting will inspire you to loosen up, have fun again and paint more! Expect an intense, concentrated and lively workshop where you will create many works of art using spontaneity for maximum effect. This workshop has become a must for artists who want the confidence and permission to paint the way they have always wanted to paint. Students will take home preprinted notes of useful and need-to-know information. Burridge's newest color combination technique is also demonstrated. A positive attitude is a must!

Suggested Materials List - This is only a suggested materials list. Do not feel obligated to purchase everything on this list. Bring what you think you will need and use.

1) Paints: Any professional-grade acrylic paint (no cheap, student grade paints). Your choice of colors.

I will be painting with Holbein Artist Acrylic paint - colors to match my Goof-Proof Color Wheel, plus black and white.

- Pyrrole Red Light
- Hansa Yellow
- Cad Green Deep
- Ultramarine Deep
- Amethyst
- Opera
- Titanium White
- Marigold
- Middle Green
- Compose Blue #1
- Compose Blue #2
- Primary Magenta
- Pearl Gold
- Carbon Black

Note: "Color Comparison Chart" available on my website.

2) Brushes: Acrylic/synthetic combos, 1" Flat or Round. Several 2" and 3" cheap chip bristle brushes. (hardware store) NO FOAM BRUSHES.

3) For cleaning brushes: Murphys Oil Soap, "Original Formula." (grocery & hardware stores)

4) Surfaces: Per day you may need up to 2 Full Sheets of 140 lb. or 300 lb. CP watercolor paper, pre-gessoed (thin layer of acrylic gesso - brush or trowel on one

side only, let dry) Brushmark texture is okay; do not sand smooth. Bring flat - do not roll up. I recommend Fabriano Artístico 140 lb. or 300 lb. CP.

Optional: Also, small pre-gessoed canvases - as many per day as you want. (should fit on your painting table)

5) One pint of thick white professional acrylic gesso. Bob uses Utrecht's Professional Gesso ---it's thicker than most. Available from Utrecht or Dick Blick's catalog.

6) If you plan on gluing collage work: Polymer Gel Medium - gloss and your favorite collage papers.

7) Final Coat: Brush-on water-based POLYMER VARNISH with UVLS for "sealing" all paintings... gloss, semi gloss or matte. Bob uses Minwax Polycrylic Water Based from hardware store.

8) Small water container - such as a 1 gallon plastic bucket or a low 10x10 inch tupperware-type container.

9) Table covering - Clear, 4ml plastic sheet, precut to 4 ft x 8 ft. Tape down with strong tape. (not green or blue painters' tape)

10) Roll of VIVA towels.

11) Robert Burridge's Goof Proof Color Wheel. (For sale at most Burridge Workshops.)

12) Rubbing alcohol (drug store)

13) Artist's Sketchbook, maximum size 11x17, spiral bound for note taking.

The following is Optional:

- Hand Barrier cream or Nitrile gloves.
- Derwent Water Soluble Drawing Pencil, very dark
- Derwent Inktense Color Pencils or Inktense Blocks
- Copy of recent National Geographic magazine to be used for collaging

•Important - No hair dryers, easels or cell phones allowed in this workshop.

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