

“Contemporary Abstract Figurative Painting”

Drawing and painting the contemporary nude. You will learn expressive painting techniques for the modern painter. If you have ever wanted to learn how to paint the freestyle abstract figure, this workshop is for you. Color theory explained and explored. You will learn the 12 Design Compositions for a successful painting. Your “drawing the nude” skills are not a prerequisite.

Variety of poses with undraped model. Lots of paint sketching, gestural wet drawing and finger painting techniques. Be prepared to paint looser, bolder, freer, lighter and more intuitively. Plenty of time for action-filled painting exercises, demos and personalized attention. All water soluble paints are welcomed. Materials list provided. Handouts provided. No photography in class, please.

Suggested Materials List

PAINTING DAYS

1) Your choice of Acrylics.

Bob recommends: Holbein Acryla, Acrylic Polymer Paints:

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| •Flame Red | •Marigold |
| •Yellow | •Cad Yellow Light |
| •Cad Yellow Orange | •Middle Green |
| •Cad Green Light | •Compose Blue #1 |
| •Compose Blue #2 | •Katsura Blue |
| •Compose Rose | •Violet |
| •Luminous Opera | •Pearl Gold |
| •Titanium White | •Lamp Black |

Plus any more colors you like!

Check your local Art Store

or contact HK Holbein, 800-682-6686.

2) A few deep mixing trays, tubs (microwave food trays, disposable containers, etc.)

3) Brushes: Acrylic/Synthetic/Combos, 1/2” Flat or Round; 1” Flat or Round; Several 2” and 3” cheap disposable bristle brushes. (hardware store) Paint Sketch Brushes (mops or flats) for washes.
No FOAM BRUSHES.

4) For cleaning brushes: Murphys Oil Soap, “Original Formula.” (grocery & hardware stores)

5) Surfaces: Per day you may need up to two Full Sheets of 140 lb. or 300 lb. CP watercolor paper, pre-essoed (thin layer of acrylic gesso - brush or trowel on one side only, let dry) Brushmark texture is okay; do not sand smooth. Bring flat--- do not roll up. I recommend Fabriano Artistico 140 lb and 300 lb CP.

Optional: Also, up to two per day 12” x 16” (or larger) pre-essoed canvases.

6) 1 pint of thick white professional acrylic gesso. Bob uses Joe Miller’s Signature Series One Coat Gesso (red label) or Utrecht’s Professional Gesso ---it’s thicker than most.

7) Final Coat: Water-based POLYMER VARNISH with UVLS, such as Holbein’s Crystal Varnish, Golden brand or similar for “sealing” all paintings... gloss or matte, your choice.

8) One gallon water bucket.

9) Small plastic sheet (4 ml polyethylene) to cover the table.

10) Roll of Viva towels.

11) Color Wheel for reference, such as Robert Burridge’s Goof Proof Color Wheel.

12) Rubbing alcohol (drug store)

13. Hand Barrier cream or Nitrile gloves.

Also bring for Warmup Drawing and Paint Sketching

1) Large Watercolor Sketch Pads such as: 18” x 24” Canson Biggie Sketch Books, 15” x 20” Canson Montval Watercolor Pad. Bob uses Fabriano Drawing Papers and 22” x 30” BFK Rives Printmaking Sheet Paper.

2) Drawing Inks such as: Battle Higgins Black India Ink; Sumi Inks, Walnut Inks; Bob transfers ink into a wide-mouth container.

3) Nontraditional Tools are encouraged: Sharpened 20” twigs for drawing; Derwent Water Soluble Drawing Pencils 8B; Charcoal; Water Soluble colored pencils, such as Crea Colors.

4) Knife for sharpening pencils.

5) Washcloth, sponges for blending, etc.

•Important: No hair dryers, cameras, easels or cell phones allowed in this workshop.