

## **Abstract Acrylic Painting and Collage Workshop Retreat**

*Creative tearing and paint splashing starts off this all new "Loosen Up Workshop." Also you will learn how to begin a new fresh body of work with your own artistic voice and point of view. Think "artist retreat," producing a body of work, a series of paintings or your conceptual solo show.*

*Robert Burridge, along with his famous daily handouts, demos and lectures, helps and guides you to paint the way you have always wanted to paint. Daily you can expect warmup paint sketching, brief painting and lecture demos, constructive critiques and plenty of time to work on personal projects. Come prepared to paint your stuff!*

### **Suggested Materials List**

1) Your choice of Acrylics.

#### **Bob recommends: Holbein Acryla, Acrylic Polymer Paints:**

- Flame Red
- Yellow
- Cad Yellow Orange
- Cad Green Light
- Compose Blue #2
- Compose Rose
- Luminous Opera
- Titanium White
- Marigold
- Cad Yellow Light
- Middle Green
- Compose Blue #1
- Katsura Blue
- Violet
- Pearl Gold
- Lamp Black

**Plus any more colors you like!**

*Check your local Art Store  
or order from Black Horse Fine Art Supply,  
800-790-2552 or [www.black-horse.com](http://www.black-horse.com)*

2) A few deep mixing trays or tubs, like microwave food trays, disposable containers, etc.

3) Brushes: Acrylic/Synthetic/Combos, 1/2" Flat or Round; 1" Flat or Round. Several 2" and 3" cheap disposable bristle brushes. (hardware store)  
**NO FOAM BRUSHES.**

4) For clean-up: Murphys Oil Soap, "Original Formula." (grocery & hardware stores)

5) Surfaces: Per day you will need up to 2 Full Sheets of 140 lb. or 300 lb. CP watercolor paper, pre-gessoed (thin layer of acrylic gesso - brush or trowel on one side only, let dry) Bring flat--- do not roll up. I recommend Fabriano Artistico 300 lb CP. Before class, take one sheet and cut up into 10" squares. (you'll get 6 squares per sheet)

**Optional:** Also, small canvases - as many per day as you want.

6) 1 pint of thick white professional acrylic gesso. Bob uses Joe Miller's Signature Series One Coat Gesso (red label) or Utrecht's Professional Gesso---it's thicker than most.

7) Glue for Collage Work: Polymer Gel Medium (gloss or matte).

8) Your own collection of paper scraps, old letters, music sheets, photos (Xerox prints from a copier), fabric and any other weird stuff you need.

9) Final Coat: Water-based POLYMER VARNISH with UVLS, such as Holbein's Crystal Varnish, Lascaux, Golden or similar for "sealing" all paintings... gloss or matte, your choice.

10) One gallon water bucket.

11) Small plastic sheet (4 ml polyethylene) to cover the table.

12) Roll of VIVA towels.

13) Color Wheel for reference, such as Robert Burridge's Goof Proof Color Wheel.

14) Rubbing alcohol (drug store)

#### **Optional:**

- Hand Barrier cream or Nitrile gloves.
- Derwent Water Soluble Drawing Pencil, #8B
- Lazertran Transfer Papers w/images already in place. For more info, [www.DickBlick.com](http://www.DickBlick.com)
- Copy of National Geographic magazine and a bottle of concentrated Citra-Solv (not spray bottle) found in most natural food stores.

**•Important: No hair dryers, easels or cell phones allowed in this workshop.**